#### Household Hygiene

Titus 2:1-15

The word "sound" is the Greek word for "healthy" and it is where we get our word "hygiene"

#### 1. Older men act their age

- By having stability in life
- By being sound in spirit

## 2. Older women act their age

- By using their lives for God
- By using their words for good

## 3. Younger believers act their age

- By having a Biblical attitude toward marriage
- By pursuing purity

# 4. All believers act their age when we live like Christians while living in Crete

- Doing that which makes God look good
- Providing an honest day's work
- Walking in Grace
- Looking for the return of Jesus Christ

Households remain healthy by proper hygiene. Believers must continually allow the sound teaching of the Word of God to expose the lies surrounding us.