

**Worry-Free Living**  
**Matthew 6:25-34**  
Sunday, May 1, 2022  
Pastor Greg Wilson

*Lesson one: You don't have to worry about your past*

1. Whatever else happened, the most important event in your past is the Cross

- **Colossians 2:13-15**

2. The Cross covers the sins committed by you in the past

- **Romans 8:1**
- **2 Peter 1:9**

3. The Cross covers the sins committed against you in the past

- **Hebrews 2:10,14-18**

4. You cannot change your past or what has been done to you, but it doesn't have to control you

- Begin by talking to God
- Acknowledge this life is messed up
- Know better days are coming
- Remember the grace of God
- Fellowship with other believers